

breaded shrimpish®

Breaded Shrimpish® is a plant-based shrimp that has been expertly seasoned and battered for a truly craveable experience. It has all of the taste, texture and performance of traditional shrimp. Better yet, it's better for you and better for our planet.



- 100% Plant-based, Vegan ingredients
- Ideal for baking, air frying and deep frying
- Cholesterol-free
- Non-GMO
- Colossal size
- A great value-add ingredient for premium menu items
- 15-month frozen shelf life

Cooking Instructions

In General: Keep frozen; cook from frozen. Cook to 165°F/74°C before serving. Let stand for 3-4 minutes before eating.

Deep Fryer: Deep fry from frozen at 350°F/175°C for 2-3 minutes until reaching an internal temperature of 165°F/74°C. Shake basket once or twice during cooking.

Air Fryer: Air fry from frozen at 390°F/200°C for 10-12 minutes, flipping one time halfway through cooking, until reaching an internal temperature of 165°F/74°C.

Oven: Cook in preheated oven at 425°F/220°C for 12-15 minutes, turning one time halfway through baking, until reaching an internal temperature of 165°F/74°C.

Recipe Suggestions



Breaded Shrimpish® & Tomato Chutney



Breaded Shrimpish® Mojo Verde



Nutrition Facts

About 53 servings per container
Serving size 3 pieces (85g)

Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0.6mg	4%
Potassium 60mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, WHEAT FLOUR, COCONUT, EXPPELLER-PRESSED CANOLA OIL, RICE FLOUR, GLYCERIN, KONJAC FLOUR, SALT, YEAST, TAPIOCA STARCH, SOY PROTEIN, NATURAL FLAVOR, SUGAR, GARLIC POWDER, SPICES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), ONION POWDER, SLAKED LIME, PAPRIKA EXTRACT

CONTAINS: WHEAT, SOY, COCONUT

DISTRIBUTED BY
THE ISH COMPANY
ROCKLAND, DE 19732

Code: 59005

Case Dimensions: 15.5"L x 9.5"W x 5.0"H

Case Net Weight: 10.0 lbs.

Case Gross Weight: 10.7 lbs.

Case Cube: 0.426 ft

Pack Size: 1 x 10 lb. bag

TixHi: 12x8

Cases/Pallet: 96

Pallet Weight: 1,067 lbs.

Shelf Life (FZ): 15 months

Contact:

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THE
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FOOD COMPANY™



Manufactured in the USA